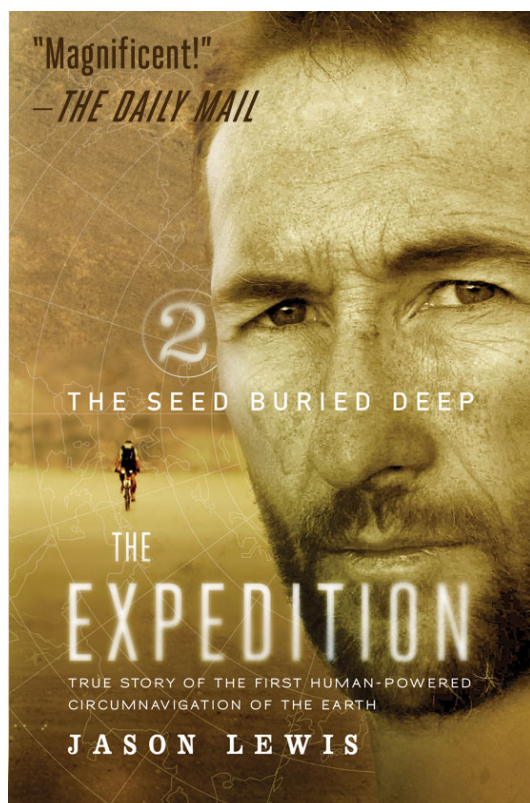


## **FOR IMMEDIATE RELEASE**

### **MEMOIR OF FIRST HUMAN-POWERED CIRCUMNAVIGATION OF THE GLOBE CONTINUES**



When adventurer Jason Lewis regained consciousness beside a busy Colorado highway, lower limbs shattered by a hit-and-run driver, he knew he was lucky to be alive. But would he ever walk again, let alone finish crossing North America by inline skates?

“Magnificent!”  
—*THE DAILY MAIL*

“This tightly written tale rollicks along at a great pace.”  
—*FINANCIAL TIMES*

“A mind-boggling odyssey beyond the stretch of the average imagination.”  
—*ASSOCIATED PRESS*

“I believe it is important in our era of cars, trains and aeroplanes that we are reminded what human beings can achieve using their own strength and resources.”  
—*HIS HOLINESS THE DALAI LAMA*

So begins part two of *The Expedition*, a stirring saga of hope, determination, and the kindness of strangers as Jason, taken in by the people of Pueblo, spent nine months in rehabilitation, legs pieced together with metal rods, before returning to the spot he was run over and continuing on.

Inspired by the journey, others sought to join, including a middle-aged mother-cum-schoolteacher yearning to see the world. For the expedition wasn't just a line on a map. *The real expedition was the seed buried deep in the heart of anyone who has ever dreamed of knowing what lies beyond their valley, and of embarking upon a grand adventure to find out ...*

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## *The Seed Buried Deep* (Part two of *The Expedition* trilogy) *True Story of the First Human-Powered Circumnavigation of the Earth* By Jason Lewis

Published March 1, 2014 as a paperback original. US/CAN 16.95 | UK 12.00 | EUR 13.50  
ISBN: 9780984915514. Simultaneous eBook available

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**Jason Lewis is acknowledged by Guinness World Records as the first person to circumnavigate the earth using only human power. His journey took 13 years, 2 months and 24 days.**

*The Expedition* trilogy chronicles Jason Lewis' epic 46,505-mile journey across five continents, two oceans, and one sea using only the power of the human body. Walking, cycling, and rollerblading the landmasses, and kayaking, rowing, swimming and pedalling a boat across the oceans - with no assistance from motors or the wind - Lewis set four world records and clinched what *The Sunday Times* hailed as "the last great first for circumnavigation." Part one, *Dark Waters*, received the 2013 IBPA Benjamin Franklin Award and Eric Hoffer Award.

### **PRAISE for *The Expedition***

"This is a delightful and funny adventure; it is also lonely, dangerous and frightening."  
—LONDON TIMES

"A breath-taking contribution to the literature of exploration."  
—IBPA BENJAMIN FRANKLIN AWARD (Winner)

"A riveting true-life adventure that's as inspiring as it is thrilling."  
—UTNE READER

"When does a journey become an expedition? It happens when the path leads into the unknown and often life-threatening territory. When does a memoir become a story? It happens when life events become compelling. Lewis' book has it all—expedition and story."  
—ERIC HOFFER AWARD (Winner)

Notable past circumnavigation "firsts" include:

**Ferdinand Magellan**, who circled the world by sail in 1522;  
**Wiley Post**, the first pilot to fly solo around the world in 1933; and  
**Steve Fossett**, who circled the world by hot air balloon in 2002.

#### **About the Author:**

Jason Lewis has been a contributing author to such books as *Chicken Soup for the Traveler's Soul* (HarperCollins, 2002), *Flightless - Incredible Journeys Without Leaving the Ground* (Lonely Planet, 2008), and *The Modern Explorers* (Thames & Hudson, 2013). A Fellow of London University, the Royal Geographical Society and The Explorers Club, he also writes frequently for travel magazines (*Men's Fitness*, *Outside*, *Sports Illustrated*, *Geographical*). He lives in Colorado and London.  
Full bio: <http://www.jasonexplorer.com/about-2/>

Watch the [BBC News Feature](#) on Lewis's amazing world record-setting journey:  
<http://www.bbc.co.uk/news/magazine-21377623>

**Jason Lewis is available for interview. For more information please contact Tammie Stevens:**

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### ENDS ###